

ALPHABET

*International*  
**Camps**

PASSION · FORTITUDE · INTEGRITY



Empowering students  
to explore their potential  
through experiential education

## WHO WE ARE

Alphabet International Camps offers innovative summer programs in the heart of Italy blending education, culture and adventure for an unforgettable experience.

While always privileging the FUN factor, our summer camps offer a 360-degree learning experience, enabling students to explore their potential. They develop independence, create new friendships, strengthen their communication skills, learn about teamwork, and are encouraged to be open-minded.

Our camps are run entirely in English and guarantee exceptional safety and 100% involvement at all times thanks to a 5:1 student to staff ratio.



## OUR VALUES

### PASSION

The energy level at camp is over the top with excitement and enthusiasm. Putting your heart and soul into everything you do inspires those around you and is the kind of environment we strive to create.

### FORTITUDE

Summer camp is synonymous with trying new things and having the courage to step out of your comfort zone. Our brave campers build backbone practicing new sports, facing challenging activities, and tasting different food.

### INTEGRITY

Participants create a unique community based on honesty and teamwork. Understanding different cultures and making new friendships promote openness and strengthen the moral compass.

## LOCATION AND FACILITIES



Central Italy has the perfect summer climate, stunning scenery, out-of-this-world food and unparalleled cultural heritage (check our excursions section), all of which make it the ideal location for a 360-degree summer camp experience to last a lifetime. Our camps are distributed across three main geographical areas:

**UMBRIA:** Both *Junior Discovery* sites and the *Outdoor Exploration* adventure camp are based here, nestled in the hills that run between the famous towns of Todi and Perugia. During the year these locations operate as 'Agriturismo', best described as a country guest house. We take these lovely estates exclusively for our students and staff, ensuring all the local meat, vegetables, honey, jam, eggs and scenery is ours alone to enjoy!

**ROME:** One of the world's seven wonders, the city of Rome is the base of both our *Day Camp* and

*Alphabet City* programs. The Day Camp takes over the facilities of private international schools, guaranteeing that the classrooms, gym and sports fields are of the highest standards. It has multiple locations, ensuring that whether parents come from the center, the north or the south of Rome, there is always a camp within easy reach. Students attending *Alphabet City*, our urban residential program, are housed in a modern student residence minutes away from our school headquarters in the city center.

**NETTUNO:** Our sailboats are moored in the port of Nettuno, 1 hour south of Rome. Students live on board for the entire week, each sailboat accommodating a maximum of 8 kids sharing double cabins. They are equipped with a cockpit table for outdoor lunching, a bimini for protection from the sun and an outdoor showering platform for a freshwater rinse after a swim. Below deck there is a spacious salon with plenty of seating, multiple bathrooms, and a complete kitchen to prepare wholesome, delicious meals.

Each location has all the necessary comfort and safety features to allow our campers to experience a wonderful adventure while feeling at ease, including:

- Min 2, max 4 kids per room
- Private bathroom
- Room cleaning service
- Separate sleeping areas for girls and boys
- Food freshly prepared by Italian chefs using locally sourced produce (all religious and other dietary needs can be accommodated)

For greater detail regarding camp locations, please consult our website [alphabetcamps.com](http://alphabetcamps.com)





# Junior Discovery



**6-12** YEARS OLD

**FINISH**

**A**lphabet Junior Discovery is a richly rewarding cultural experience full of endless adventures from the Anglo-American world created specifically for 6 to 12 year olds.

For many of our campers it is the first experience away from their family and we strive to create a safe and caring atmosphere where they can feel at home, let go and gain a greater feeling of independence.



## Full Immersion: language & culture

The camp is run entirely in English and our whole staff is made up of qualified mother tongue counselors. From good morning to good night, campers participate in an exciting and educational full-immersion experience. They continually discover new games, activities, food, sports and adventures, all combined to create the classic American summer camp in the magnificent setting of central Italy.



## Academic Program

All campers take part in an 18 hour weeklong academic program and can choose from the following options:

**English Lessons** - tailored to kids who wish to improve their language skills. Participants are tested upon arrival to evaluate their level of English and placed accordingly into classes of 4 to 6 with qualified mother tongue teachers. Levels are aligned to the Common European Framework and the curriculum, based on Cambridge ESOL, focuses on enhancing speaking, listening, reading and writing.

**Cultural Discovery** - perfect for native speakers or those confident enough with English. Kids who choose the cultural program can learn about the history of the Etruscans, dig for archaeological finds, or discover Italian mythology.

Both academic programs are engaging, communicative and complementary to the camp as a whole and serve to build the confidence of young learners as well as provide parents with feedback on their child's knowledge and participation through an end-of-the-week report.



# Sports & Activities

Campers are grouped into teams and compete in various match-ups throughout the week in an action-packed tournament. The spirited lineup provides the perfect setting for teamwork, excitement and cross-cultural communication. Some of the activities include:

**Flag Football, Softball  
Theatre, Treasure Hunt,  
Movie Night, Campfire  
& much more**

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
☕ Breakfast						
📖 Academic Program (English lesson/Cultural Discovery)					🏆 Final Test	
👥 Team Game					🚗 Excursion to Rome or Florence	
📖 Academic Program (Workshop)					📅 One week kids leave	
🍴 Lunch time						
🎨 Art & Crafts	🍰 Bake the Cake	🏊 Pool Time	🎪 Fun Fair	🏊 Pool Time	🎭 Special program for multi week campers	
🚩 Flag Football	🏀 Basketball	🗺 Treasure Hunt	⚾ Softball	⚽ Soccer		
🍴 Dinner Time					🍖 BBQ!	
🔥 Camp Fire	🎤 Karaoke	🎬 Movie Night	📊 Quiz Night	🎤 Talent Show	🎮 Evening Entertainment	🧭 Orientation



# Outdoor Exploration

**12-17** YEARS OLD

**A**lphabet Outdoor Exploration is simply the best adventure camp in Italy. Our program is designed to take 12 to 17 year olds through an endless outdoor sports journey, in direct contact with nature.

Participants acquire lifelong skills working in teams, learning about the environment, and practicing challenging outdoor sports.

Ultimately they improve their communication skills and gain confidence by learning through experiential education.

## OUTDOOR EXPLORATION

### Language and learning

Our whole staff is made up of qualified English mother tongue instructors and teachers. All of our outdoor sports, activities, training exercises, briefings and outdoor education lessons are delivered in English.

### Sports and Activities

Every day campers will face a new outdoor activity, representing for most a totally new challenge. A briefing session precedes every sport and once properly instructed and fully aware of the safety measures needed to practice the activity safely, our campers get into action and put themselves to the test climbing a vertical rock wall, whitewater rafting, mountain biking through the woods, practicing orienteering to navigate unknown territory, experiencing an amazing overnight trekking expedition, and much more.

In their down time, campers can make use of the pool, play beach volleyball, beach soccer, or simply lounge on the veranda chatting with their new friends.

### Two-Camp Special Offer

Also available in conjunction with **Sea Quest** or **Alphabet City** as part of our two-camp special offer, for a fortnight of unparalleled adventure.



### Academic Program

All campers take part in a 12 hour weeklong academic program specifically designed to improve their language skills. Students are tested upon arrival to evaluate their level of English and placed accordingly in small classes. They follow a Cambridge ESOL based curriculum which focuses on enhancing speaking, listening, reading and writing.

The English academic program is engaging, communicative and complementary to the camp as a whole and serves to build confidence as well as provide parents with feedback on their child's understanding and practical usage of English through an end-of-the-week report.

Native speakers and those with an already high level of English can opt for our Outdoor Education Program, where they take part in classes, follow lectures, and participate in debates about nature and various environmental issues.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
☕ Breakfast				☕ Breakfast + Trekking back to camp		☕ Breakfast
📖 English Lesson / Outdoor Education					🏆 Final Test	🚌 Excursion to Rome or Florence
🏊 Pool Time					📁 One week campers leave	
👥 Team Sports						
🍴 Lunch time						
🚲 Briefing						
🧗 Climbing	🚣 White Water Rafting/ Canyoning	🐎 Mountain Bike/ Horseback Riding	🚶 Trekking	🗺 Orienteering/ Caving	🎓 Special program for multi week campers	🚩 Campers Arrive
						🚌 Return from Excursion
🍴 Dinner Time				🍖 BBQ!	🍴 Dinner Time	
⭐ Reading the Stars	🎤 Karaoke	🎬 Movie Night	🏕 Camping	🎵 Disco Night	🎮 Evening Entertainment	🧭 Orientation





# Sea Quest

**12-17** YEARS  
OLD

**A**lphabet Sea Quest is a sailing expedition around the most beautiful and famous islands off the Italian coast. Our program introduces 12 - 17 year olds to the magic of sailing and core nautical skills while voyaging along one of the Mediterranean's most idyllic coastlines.

Sea Quest combines on board sailing adventures with onshore cultural excursions. Students live aboard 50 foot yachts working as a close-knit crew to develop communication and leadership capabilities while practicing sailing skills under the careful guidance of certified instructors.

## Program and Activities

Students set sail as part of a pair of yachts, each with an experienced sailing instructor and Alphabet crew member. Every day they acquire knowledge that is immediately put into action as they navigate from island to island, setting the course, tacking, jibing, dropping the anchor for a swim or mooring at a marina for the night. Throughout the journey, students take part in interactive lessons on marine life and cultural history to enrich their time in the water and trekking on land.

## Certifications and Full Immersion English

Our staff is made up of qualified mother tongue instructors and the whole experience is run entirely in English. From daily instruction on sailing basics to team projects and marine life workshops, all learning is rooted in experiential education with students enjoying a sense of achievement as they put their newly acquired skills to practice. Life aboard a yacht presents the perfect full immersion environment to develop communication and leadership skills which in turn strengthen relationships and build self-reliance. At the completion of the journey students are awarded a sailing certificate of achievement together with memories to last a lifetime.



Taking into account the lessons and need to understand safety instructions, students are encouraged to have a minimum B1 level of English.

## Sailing Itinerary

Starting from the port of Nettuno, students set out on an incredible sailing adventure, setting course to the Pontine Islands (part of Circeo National Park) with Zannone for world-class snorkeling and Ventotene to discover the ancient Roman port.

They continue their sailing expedition heading south to Ischia and Capri, for a cultural excursion to the Aragonese Castle, a visit to the renowned Blue Grotto and a night in Ischia dining in a true Neapolitan *pizzeria*.

They will complete the week by sailing back up to Nettuno with an overnight stop in Santo Stefano to visit the famous abandoned Bourbon prison.



### Two-Camp Special Offer

Also available in conjunction with Outdoor Exploration or Alphabet City as part of our two-camp special offer, for a fortnight of unparalleled adventure.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
☕ Breakfast aboard						
🚤 Sailing Lesson & Briefing					🏠 Sail Back to Nettuno	
<b>Sail</b> set course for Pontine Island (part of Circeo National Park)	<b>Sail</b> set course for Ventotene	<b>Sail</b> set course for Ischia	<b>Sail</b> set course for Capri	<b>Sail</b> set course for Santo Stefano	🏠 One week campers leave	🚩 Campers Arrive
🍴 Lunch aboard						
🕒 Free Time (i.e. swim, read, relax)					🏠 Special program for multi week campers	
<b>Sail</b> around Palmarola and Zannone for snorkeling and marine life observation	<b>Sail</b> around the island and visit the ancient Roman port	<b>Sail</b> around Ischia and visit the Aragonese Castle	<b>Sail</b> around the island, stop for a swim in the Blue Grotto and back to Ischia	<b>Sail</b> around the island, visit the historical prison and set course for San Felice Ciceo	🏠 Special program for multi week campers	🚩 Board yacht, welcome briefing and sail to San Felice Circeo
⚓ Drop anchor in a bay	⚓ Drop anchor in a bay	⚓ Moor in the port of Ischia	⚓ Drop anchor in a bay	⚓ Drop anchor in a bay	⚓ Moor in the Nettuno marina	⚓ Drop anchor in a bay
🗨️ Debrief and project work						
🍴 Dinner aboard	🍕 Dinner in authentic Neapolitan pizzeria	🍴 Dinner aboard	🍴 Dinner in local Italian restaurant	🍴 Dinner aboard		
⭐⭐⭐ Sleep aboard						





# Alphabet City

**12-17** YEARS  
OLD

**A**lphabet City is a unique urban experience in one of the most exciting and culturally rich cities in the world. The program takes 12 to 17-year-old students on a journey through Rome, from its most famous landmarks to its best kept secrets.

Students study a foreign language (English or Italian) and learn about the historical and cultural heritage of Rome while living the life of their Roman peers. Each day is loaded with adventure and discovery as they stroll past piazzas, gaze up through the oculus of the Pantheon, shop around the Spanish Steps, and eat local street food in Testaccio.

# ALPHABET CITY



## Academic Program

The academic program is divided into two segments: 1) Language Learning, and 2) Cultural Education. Students choose between English or Italian language instruction and follow a 10-hour weeklong curriculum. They are tested upon arrival to evaluate their level and placed accordingly in small classes that are dynamic, engaging and highly communicative.

Directly following the language classes, students come together for Cultural Education classes which are complementary to the program and aim to introduce and discuss the cultural topic of the day ranging from ancient history to cooking to contemporary Roman life.



## Language & Learning

Rome, deemed the seat of Western civilization, has over time made significant contributions to philosophy, law, art, science, and fashion, making it a font of knowledge. Having Rome as a backdrop is a natural enrichment to our program and a stimulus to our students' learning and creativity.

Apart from language lessons, the whole program is delivered in English by both English and Italian mother tongue teachers and coordinators. The daily schedule is organized into three sections: **academic, cultural, and social.**



## Cultural Activities

Every afternoon our city campers set off to discover the architectural, cultural, and historical gems of Rome. Guided through the city as a group, each day students may visit the Colosseum and the Roman Forum, prepare fresh pasta in a cooking class, admire the brilliance of Caravaggio and Michelangelo, or play sports in Villa Borghese.

## Social Agenda

In the evening our students continue to explore the Roman way of life as the sun sets. They are treated to authentic Roman pizza and *suppli* or classic pasta recipes like *cacio e pepe* combined with night walks to the Trevi Fountain, a visit to the fortress of Castel Sant'Angelo, live music along the river Tiber, or a gelato in the artistic quarter of Trastevere.



### Two-Camp Special Offer

Also available in conjunction with **Outdoor Exploration** or **Sea Quest** as part of our two-camp special offer, for a fortnight of unparalleled adventure

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	🍳 Breakfast						
ACADEMIC	Language Classes (English or Italian)	Language Classes (English or Italian)	Language Classes (English or Italian)	Language Classes (English or Italian)	Language Classes (English or Italian)	🚌 Day trip to the Beach	🏠 Villa Borghese Park: Pic-nic and games
	Morning break/Free Time						
CULTURAL	Cultural Heritage Classes (in English)	Cultural Heritage Classes (in English)	Cultural Heritage Classes (in English)	Cultural Heritage Classes (in English)	Cultural Heritage Classes (in English)	🏠 Ice-Breaker Activities	
	Colosseum and Roman Forum tour	Food Market visit & Cooking Class	Shopping & Ice Cream experience	Churches of Caravaggio walk	Sports Day		
	🚿 Shower and relax time						
SOCIAL	Grilled meat dinner & Spanish Steps	Pasta night & Fontana di Trevi	Trapizzino & Castel Sant'Angelo night visit	Street food & Live Music	Burrito & Cinema Night	Burger & relax time	Pizza night & Campo de' Fiori



# Day Camp

**5-13** YEARS  
OLD

**A**lphabet Day Camp is the perfect choice for those looking for a non-residential option in the heart of Rome. Thanks to partnerships with local private schools, campers develop new skills and experience adventures from the Anglo-American world without ever leaving Rome - and do it all in English!

## DAY CAMP



### Full Immersion: Language, Culture and Sport

The camp is run entirely in English by mother tongue counselors. From the moment they arrive to the end of the day, children live a full-immersion experience through games, activities and sports true to the spirit of a classic international summer camp. Ranging from a dodgeball tournament to a science experiment, acting in a theatre play, and competing in a relay race, campers are continuously learning and playing.

### Academic Program

Participants can take part in an English academic program of 15 hours per week. Students are placed in language classes by level following the Common European Framework for Languages (CEFR). Qualified teachers deliver a Cambridge ESOL curriculum that focuses on enhancing speaking, listening, reading and writing. The English programs are engaging, communicative and complementary to the camp, as well as provide parents with feedback on their child's knowledge through an end-of-the-week report.

For native speakers or those with a high enough level of English, the *Cultural Discovery* program focuses on discovering and experimenting with topics such as the history of the Etruscans, Italian mythology or environmental issues.

### Safety and Involvement

Our teachers are constantly present in the organization of all educational, recreational and sports activities, guaranteeing the supervision, involvement and safety of campers at all times.



TIME	Monday	Tuesday	Wednesday	Thursday	Friday
8:30-9:00	<b>Arrival &amp; Welcome</b>				
9:00-10:30	<b>Academic Program</b> English Lessons or Cultural Discovery				
10:30-10:45	<b>Snack Time</b>				
10:45-12:30	Team games & Activities  <b>Dodge Ball</b>	Team games & Activities  <b>Obstacle Course</b>	Team games & Activities  <b>Tug-of-War</b>	Team games & Activities  <b>Steal the Flag</b>	Team games & Activities  <b>Minefield</b>
12:00-13:00	<b>Workshop</b> Art, Science, Crafts, Environment, etc.				
13:00-14:30	<b>Lunch &amp; Relax Time</b>				
14:30-15:30	Ability Challenges  <b>Musical Chairs</b>	Ability Challenges  <b>Minute to win it</b>	Ability Challenges  <b>Toy Parachute Competition</b>	Ability Challenges  <b>Capture the Flag</b>	Ability Challenges  <b>Fun Fair</b>
15:30-16:30	Sport & Competition  <b>Soccer</b>	Sport & Competition  <b>Basketball</b>	Sport & Competition  <b>Treasure Hunt</b>	Sport & Competition  <b>Kickball</b>	Sport & Competition  <b>Camp Olympics</b>
16:30-17:00	<b>Free Play and Kids Leave</b>				

## EXCURSIONS

Students staying with us for two weeks or longer can choose to go on a supervised cultural day trip to Rome or Florence.

Day trips take place each Sunday and bring students to the most important historical, artistic and archeological sites of each city. All day trips include a guided tour in English, lunch in a typical Italian *trattoria* and an afternoon walking tour of the city center. We alternate visits to Rome and Florence so students doing multiple weeks have the chance to visit both cities during their stay.



## OUR TALKING POINTS



### Safety first

We take a lot of precautions to make sure our camps are super safe, with directors and instructors that are CPR trained, first aid facilities present at all times and a guaranteed ratio of 5 kids for every instructor for constant active supervision.

### All about quality

We are proud members of the American Camp Association, whose best practices and vision of enriching the lives of youth through the camp experience are embodied in our programs.

The Alphabet Go Green initiative helps campers better understand their relationship with nature through environmental education and by engaging in ecological principles and practices at camp. Alphabet School, the English teaching branch, is a recognized Cambridge ESOL preparation center which runs English language courses throughout the scholastic year for hundreds of students. So when it comes to summer programs we know what it takes to learn English.

### The right stuff

We believe that students need to feel truly at home with us in order to let go and really push themselves to draw the maximum from their camp experience.

We strive to create a warm, caring environment around them and for this we have got some of the best instructors in the business. They come from the US, the UK, Australia, Ireland and, well, anywhere English is spoken. Most work with us year-round as English language teachers and many have been working at our camps for years. Most importantly they are all outstanding role models.





"The only source of knowledge is experience"

*Albert Einstein*